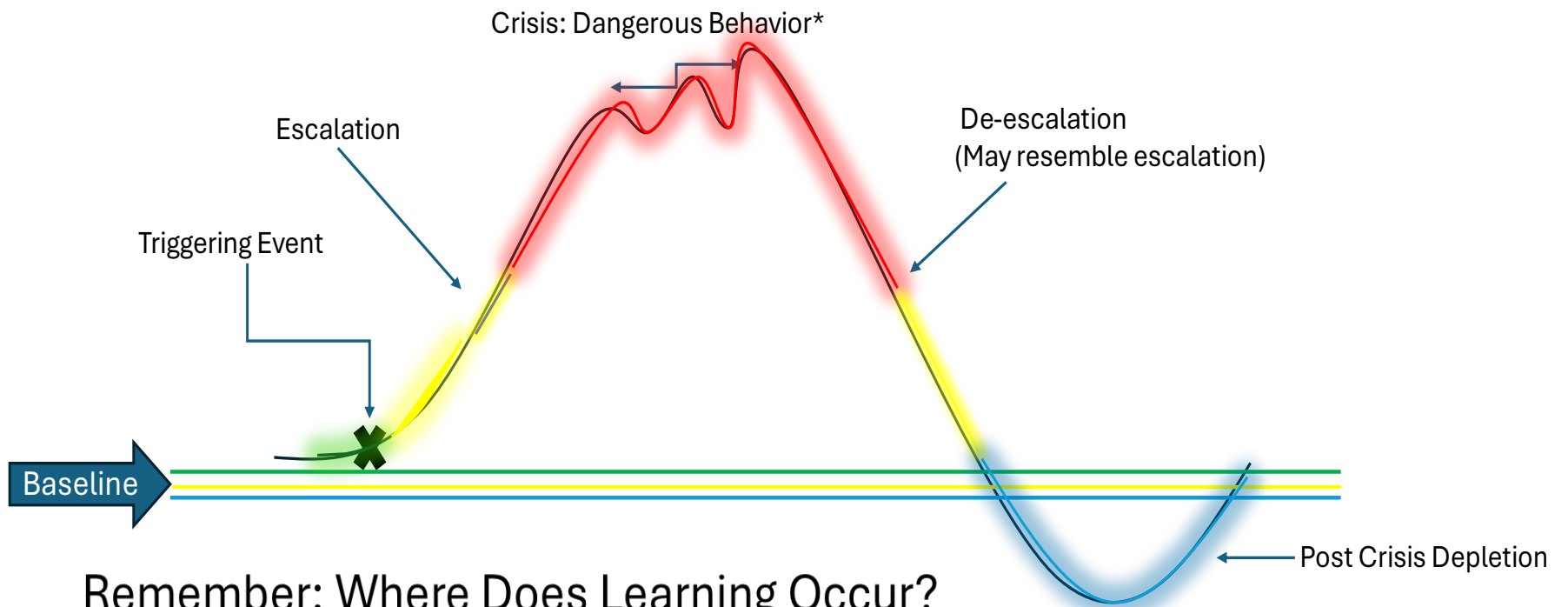


Crisis Cycle in Alliance with the Zones of Regulation



Remember: Where Does Learning Occur?

Sad Sick Tired Bored Moving Slowly	Happy Calm Feeling Okay Focused Ready to Learn	Frustrated Worried Silly/Wiggly Excited Loss of Some Control	Mad/Angry Terrified Yelling/Hitting Elated Out of Control
--	--	--	---